

Nederlandse Vereniging Highlanf Games Records en bestenlijst
Ijlst 28 augustus 1994

The light hammer 7 1/2 k

1.	Wout Zijlstra	Sneek	28/8/94	35.10m	N.R.
2.	Ivo Degeling	Folsgare	19/6/94	31.90m	
3.	Theo Berkelaar	Sneek	28/8/94	31.02m	
4.	Rudy Veenstra	Sneek	28/7/93	30.35m	
5.	Gorrit Visser	Sneek	28/8/94	28.80m	
6.	Douwe Zijlstra	Sneek	28/7/93	28.42m	
7.	Tony Tuunter	Sneek	28/7/93	27.82m	
8.	Gerrie Lageveen	Folsgare	19/6/94	27.81m	
9.	Ted v/d Parre	Sneek	28/8/94	27.06m	
10.	Gerrit Rottine	Folsgare	19/6/94	26.79m	
11.	Piet Hannema	Sneek	28/8/94	26.61m	
12.	Richard de Graaf	Folsgare	19/6/94	25.51m	
13.	Jos Janson	Sneek	28/8/94	25.08m	
14.	Danny Bijlsma	Sneek	28/7/93	22.41m	
15.	Mark Daalman	Sneek	28/7/93	21.46m	
16.	Mustafa Sushi	Folsgare	19/6/94	20.91m	
17.	Joh. de Wit	Folsgare	19/6/94	18.98m	
18.	Jaap Klijn	Folsgare	19/6/94	18.61m	

The heavy Hammer 11 1/4 kg

1.	Wout Zijlstra	Sneek	26/9/92	25.55m	N.R.
2.	Erik de Bruin	Sneek	26/9/92	23.00m	
3.	Rudy Veenstra	Sneek	26/9/92	22.76m	
4.	Gerlof Holkema	Sneek	26/9/92	21.55m	
5.	Bram Degeling	Sneek	26/9/92	19.60m	
6.	Robert de Wit	Sneek	26/9/92	19.57m	
7.	Simon Sikkes	Sneek	26/9/92	18.04m	
8.	Henk v.d. Veen	Sneek	26/9/92	17.62m	
9.	Douwe Zijlstra	Sneek	26/9/92	16.74m	

Putting the Stone 10kg

1.	Erik de Bruin	Sneek	26/9/92	12.40m	N.R.
2.	Wout Zijlstra	Sneek	28/8/94	11.96m	
3.	Robert de Wit	Sneek	26/9/92	11.50m	
4.	Rudy Veenstra	Folsgare	12/6/93	11.48m	
5.	Tony Tuunter	Sneek	28/7/93	11.02m	
6.	Gerlof Holkema	Sneek	26/9/92	10.65m	
7.	Douwe Zijlstra	Sneek	28/8/94	9.96m	
8.	Gerrir Rottine	Folsgare	19/6/94	9.94m	
9.	Mark Daalman	Sneek	28/7/93	9.87m	
10.	Richard de Graaf	Folsgare	19/6/94	9.82m	
11.	Ivo Degeling	Sneek	28/8/94	9.59m	
12.	Simon Sikkes	Sneek	26/9/92	9.45m	
13.	Gorrit Visser	Sneek	28/8/94	9.34m	

14.	Bram Degeling	Folsgare	12/6/93	9.13m
15.	Bouke Posthuma	Folsgare	12/6/93	9.08m
16.	Gerrie Lageveen	Folsgare	19/6/94	9.01m
17.	Danny Bijlsma	Sneek	27/7/93	8.90m
18.	Bouke de Jong	Folsgare	12/6/93	8.86m
19.	Henk v.d. Veen	Sneek	26/9/92	8.84m
20.	Ted v.d. Parre	Sneek	28/8/94	8.66m
21.	Jos Janson	Folsgare	19/6/94	8.61m
22.	Marcello Blanke	Sneek	26/9/92	8.26m
23.	Hans Hazenberg	Folsgare	12/6/93	8.12m
24.	Piet Hannema	Sneek	28/8/94	7.67m
25.	Gert Jan Galema	Sneek	26/9/92	7.54m
26.	Joop Klijn	Folsgare	19/6/94	7.51m
27.	Jan de Jong	Folsgare	12/6/93	7.46m
28.	Mustafa S	Folsgare	19/6/94	7.40
29.	Johannes de Wit	Folsgare	12/6/93	7.15m
30.	Oane Rotsma	Folsgare	12/6/93	6.84m
31.	Johan de Boer	Sneek	26/9/92	3.92m

Throwing the weight for distance 12 1/2 kg

1.	Wout Zijlstra	Sneek	28/8/94	21.58m N.R.
2.	Rudy Veenstra	Sneek	28/7/93	19.07m
3.	Ivo Degeling	Folsgare	19/6/94	18.81m
4.	Theo Berkelaar	Sneek	28/8/94	18.13m
5.	Ted v.d. Parre	Sneek	28/7/92	18.01m
6.	Gerrie Lageveen	Folsgare	19/6/94	17.77m
7.	Tony Tuunter	Folsgare	12/6/93	17.69m
8.	Douwe Zijlstra	Folsgare	19/6/94	17.63m
9.	Mark Daalman	Sneek	28/7/93	17.14m
10.	Simon Sikkes	Sneek	26/9/92	16.16m
11.	Gorrit Visser	Sneek	28/8/94	15.95m
12.	Erik de Bruin	Sneek	29/6/92	15.77m
13.	Gerrit Rottine	Folsgare	19/6/94	15.68m
14.	Bram Degeling	Sneek	26/9/92	15.52m
15.	Piet Hannema	Sneek	28/8/94	15.21m
16.	Robert de Wit	Sneek	26/9/92	14.93m
	Richard de Graaf	Folsgare	19/6/94	14.93m
18.	Jos Janson	Folsgare	19/6/94	14.89m
19.	Henk v.d. Veen	Sneek	26/9/92	14.80m
20.	Danny Bijlsma	Sneek	28/7/93	13.96m
21.	Bouke Postma	Folsgare	12/6/93	13.85m
22.	Jaap Klijn	Folsgare	19/6/94	13.59m
23.	Marcello Blanke	Sneek	26/9/92	12.93m
24.	Jan de Jong	Folsgare	12/6/93	12.82m
25.	Hans Hazenberg	Sneek	26/9/93	12.70m
26.	Mustafa Sushi	Folsgare	26/9/94	12.61m
27.	Geert Jan Galema	Sneek	26/9/92	11.83m
28.	Aone Rotsma	Folsgare	12/6/93	11.52m
29.	Joh. de Wit	Folsgare	19/6/94	11.24m
30.	Bouke de Jong	Folsgare	12/6/93	11.03m

Throwing the weight 25 kg over the bar

1.	Ted v.d. Parre	Sneek	28/7/93	5.10m N.R.
2.	Wout Zijlstra	Sneek	28/7/93	4.90m
3.	Tony Tuunter	Folsgare	12/6/93	4.50m
4.	Mark Daalman	Sneek	28/7/93	4.40m
5.	Rudy Veenstra	Sneek	26/9/92	4.30m
	Simon Sikkes	Sneek	26/9/92	4.30m
7.	Ivo Degeling	Sneek	28/8/94	4.20m
8.	Bram Degeling	Sneek	26/9/92	4.10m
	Erik de Bruin	Sneek	26/9/92	4.10m
	Theo Berkelaar	Sneek	28/8/94	4.10m
11.	Gerrit Rottine	Folsgare	19/6/94	4.00m
12.	Gorrit Visser	Sneek	28/7/93	3.90m
	Douwe Zijlstra	Sneek	28/8/94	3.90m
	Gerlof Holkema	Sneek	26/9/92	3.90m
	Henk v.d. Veen	Sneek	26/9/92	3.90m
16.	Bouke Posthuma	Folsgare	12/6/93	3.70m
	Hans Hazenberg	Folsgare	12/6/93	3.70m
	Marcello Blanke	Sneek	26/9/92	3.70m
	Richard de Graaf	Folsgare	19/6/94	3.70m
20.	Gerrie Lageveen	Sneek	26/9/92	3.50m
	Danny Bijlsma	Sneek	26/9/92	3.50m
	Piet Hannema	Sneek	28/8/94	3.50m
23.	Robert de Wit	Sneek	26/9/92	3.30m
	Bouke de Jong	Folsgare	12/6/93	3.30m
	Jan de Jong	Sneek	26/9/92	3.30m
	Mustafa Sushi	Folsgare	19/6/94	3.30m
27.	Aone Rotsma	Folsgare	12/6/93	3.00m
	Gert Jan Galema	Sneek	26/9/92	3.00m